



# The Metropole

## WHAT IT OFFERS BETH SYDD AR GYNNIG

**Accommodation £150** for the whole weekend to include accommodation Friday & Saturday evening, Friday: Dinner & entertainment, Saturday: Breakfast, Buffet Lunch, Dinner & Dance, Sunday: Breakfast.

**Registration £10** for whole or part weekend to include morning tea/coffee & biscuits and afternoon tea/coffee and Welsh cakes. Full Saturday programme of meetings for day visitors.

Please note that we operate a cancellation policy. A 60% cancellation fee of the total booking value is payable if accommodation is cancelled within 7 days of arrival and 100% fee if cancelled within 24 hours of arrival. If we are able to re-sell this accommodation the charge will be waived. We will be pleased to check you into your room from 4.00pm. If you wish to arrive earlier we can make an early arrival request for you, but we cannot guarantee that the room will be ready sooner than this time.

## HOW TO GET THERE SUT MAE CYRRAEDD

### By road

Cardiff  
68 miles - 1 hour 30 mins  
Manchester  
122 miles - 2 hours 25 mins  
London  
192 miles - 3 hours 30 mins  
Birmingham  
76 miles - 1 hour 50 mins  
Chester  
79 miles - 1 hour 45 mins  
Bristol  
88 miles - 1 hour 40 mins

**By rail** on the picturesque Heart of Wales Line  
Change at Shrewsbury or Swansea for Llandrindod Wells. The station is a quarter of a mile from the hotel.



## ACCEPTANCE IS THE KEY YMOSTWNG YWR ALLWEDD

### Attractions

- AA Closed meetings.
- AA Open meetings.
- Al-Anon Family Groups.
- Come and Go meetings.
- Literature.
- Reduced rates for Thursday & Sunday Accommodation. *(subject to availability)*
- Leisure facilities *(Metropole Residents only)*  
Indoor swimming pool and spa.
- A meeting in the Welsh language.
- Raffle - superb prizes. *(Please support)*
- Large car park behind hotel.
- Day visitors welcome.
- Limited no. of single rooms. *(Supplement thereafter - Book early)*
- Registration 4pm Friday.
- Hotel check in from 4pm Thursday. Check out by 11.00am Sunday.

## THE BEAUTIFUL HEART OF WALES PRYDFERTHWCH CALON CYMRU

The spa town of Llandrindod Wells continues to surprise visitors with a wealth of attractions.

Amongst these are superb indoor and outdoor bowling greens, an invigorating 18 hole golf course, tennis courts, pony trekking, walking and fishing. Whatever your interest please book with the hotel in advance and it will do its best to arrange it for you. Please book beauty treatments in advance.



◀ The Metropole Hotel

▶ The Elan Valley spectacular dams and reservoirs



◀ Hotel swimming pool/leisure facilities



▲ Conference Room



▲ Reception area

For alternative accommodation local Hotels, Guest Houses, B&B, Camping & Caravanning



## LLANDRINDOD WELLS Tourist Information Centre

Old Town Hall  
Memorial Gardens  
Llandrindod Wells  
Powys LD1 5DL  
Tel: 01597 822600  
Fax: 01597 829164  
Email: [llandtic@powys.gov.uk](mailto:llandtic@powys.gov.uk)



### ANY ENQUIRIES CONTACT:-

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